

# **DECLARATION OF ENDING THE INCURABLE DISEASES ERA**

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The era of incurable diseases was created by modern medicine and adversely impacted population health for more than two centuries. Virtually all diseases involving chronic inflammation, mutated tissues, scar issues, connection tissue, molecular recognition problems are incurable.

This long era of incurable diseases in our unfortunate world was created by the obsolete political system. The medical landscape in the world has been influenced by wrong, flawed, and improper common law concepts that were developed long before arrival of science. Common law concepts such as the binary system, categorization of abstract concepts, simple-fact modeling method, application of multiple court rules, evidence-based method, etc. have found their ways to all walks of life as presumptions that were never proved to be scientifically valid, and cannot pass any scientific challenge. When those concepts are applied to natural phenomena, they result in catastrophic results.

Many discoveries in immune functions and stem cells functions show the critical roles of the Central Nerve System. A recent discovery found that the brain has 11 dimensions, which completely dispels the obsolete and narrow view about the brain functions. We believe that the brain is the central command for the mind-body interactions.

However, the flawed common law concepts have influenced sciences and medical research from the beginning. They have precluded, dispelled and other bared inventing, research and commercializing activities in using mind to cure diseases. I will just point out a few of things that are clearly wrong or improper.

(1) A binary system with yes and no values is misapplied to all health properties. Most health properties are continuous and qualitative in nature. Yet, every health question has been attempted with yes or no answer. Most diseases are created by arbitrarily fitting health properties into the binary system.

(2) The population-based medical approach was based upon common categorization method. In common law courts, similar things can be fitted into a category. Categorizing health properties for a population is clearly wrong because it reaches an excessive broad scope. Abstract person concept like a "health person" has been misapplied to human beings like the legal concept of reasonable personal standard. Such a concept cannot force people to change their bodies physiology.

Summing data and averaging data cross different human individuals are wrongly and routinely used in medical research. One should see an obvious problem in adding data from 70 years John Doe to data from 20 years Lisa Doe. This is same as summing performance data for a Honda Accord, a Nisan Altima and a

Lincoln Town car and then using their average as guidance in repairing each of them. It will cripple all of the three cars. The population health approach has severely damaged the U.S. population health. One can easily show that a tiny departure (as little as 1%) of an ideal physiological reaction rate can result in health destruction in a long term. Yet, most of the population's health properties can have 50% two-ways departure. Using population-based health parameters are a sure way to destroy individual health.

(3) The controlled concept in The FDA drug approval protocol is misapplied to the human body as an open system, and findings from controlled studies are irrelevant to the human body. Its double blinds requirement precludes commercial activities in the mind-body research. There are mountains of evidence showing the central nerve system plays a critical role in maintain health.

Double-blind requirement is routinely misused with an effect of denying the role of emotion, consciousness, and mind in maintaining personal health. Mountains of evidence now is available to show mind is the command for health.

(4) The mental steps doctrine of the U.S. patent law bars the U.S. patent office from granting patent on inventions involving metal steps. It precludes inventions involving subjective signs in treatments, diagnostic methods and progress evaluation. It precludes mind-body inventions. The mind plays a critical role of maintain personal health. Medical miracles in support of this point can be found in volumes.

(5) The exclusive reliance on objective evidence is wrong because there is no reliable reference data can be used for any person. And subjective signs and feelings are magnitude more sensitive in detecting health problems.

The functional and structural approach in diagnostic methods is totally unworkable except for fast fixes such as surgery. It is largely useless because: (1) functional and structural data cannot be connected to real disease-causing factors, (2) such data lacks relevant good reference data for comparison, and (3) functional structural data is normally far too late. Each of the three problems is fatal. When functional and structural data cannot be connected to root disease cause factors, there is no way to cure diseases. While it is impossible to accurately evaluate health condition for a real person, the data can mislead doctors and patients. When the data is too late by several years to several decades, the utility of the data is found only in the worst situations.

(6) Modern medicine neglects subjective signs and feeling even though they are the soul of personal health. Due to legal constrains, modern medicine uses them in a way without getting cause, location, time-dependent, interactions with other factors, etc. Even though subjective signs in vision, hearing, smell, and touching are magnitudes (hundreds times to millions times) more sensitive than instrumental and chemical methods, they are not used in a useful way.

(7) Evidence-based medicine has been widely misused. Now doctors work like common law judges. Treating diseases according to best evidence might be

sound to common law judges, but health knowledge develops in incremental steps and personal health data is always incomplete, unreliable and often wrong. Relying upon such an evidence can be disastrous. Now, knowledge of the central nerve system is very limited, and meanings of neural signals and nerve signals are totally unknown. It is improper to treat unknown as non-existence.

(8) The extremely simple model of using a few elements is misused to model human body which is magnitudes more complex than things the common law concepts were once attempted to address.

To meet the constrains by those Triple Bias Rules, most studies ignore the mind-body interactions, compound-compound interactions, and other interactions is common in all controlled studies in medicine. Thus, most studies cannot be applied to real human beings. Application of data from hypothetical simple closed system models may screw up personal health.

(9) The widespread misuse of statistics has resulted in mountains of volumes of bias and inaccurate research findings. In most population studies, a net health property of any factor or treatment is determined among bigger effects of Nine Big Factors. Most studies even do not define performance properties in a meaningful way. All of such studies are bias in that they could not detect weak health effects.

(10) Medical practicing models have been developed, as adopted components to obsolete common law legal systems or misfitted components to non-common law legal systems. The common 15 minutes doctor visiting time is not enough to fix even an obvious leak in a gas pipeline.

The combination of population-based medicine, FDA controlled trial methodology and the mental steps doctrine (“three bias rules”) collectively discourages, dispels and bars inventing, research, and commercializing activities involving mind. Thus, such a medical system encourages research activities in developing synthetic drugs and instruments.

Unfortunately, instruments and synthetic drugs have proved to be ineffective or even useless in curing chronic diseases. Thus, modern medicine is capable of delivering fast fixes and comfort medicines, they could cure diseases by get rid of the root problems. By using false scientific validity plus fastest results, modern medicine has influenced in the world. Unfortunately, it has effectively dispelled cure in the world. Evidence will be collected in massive databases in [www.igoosa.com](http://www.igoosa.com).

The three bias rules have played decisive roles in completely precluding research, patenting, investing, and commercializing activities necessary to study foods, exercises, information, emotion and mind regulations on personal health. The obsolete laws have steered medical research into a dead end. They have provided incentive in studying functional groups and high-level structure in drugs, but provided no incentive for studying any methods for re-training mind.

Mountains of literature can be found reflecting that ancient people paid at-

tention to eight elements such as breath, mind focus, relaxation, induction, action modes, internal/tissue massage, action variety number, and overall intensity in exercises to achieve health. More and more evidence is available to show that the central nerve system plays a decisive role in regulating organ-organ interactions, immune functions and stem cell differentiation activities. Those mechanisms potentially comprise all cure for all acquired diseases.

Exercises can retrain the brain (e.g., 86-100 neurons in the brain), and are the most powerful healing methods. However, the three bias rules completely eradicated activities in inventing, research and commercialization of healing exercises. The modern world has assumed that every exercise is the same even though ancient people have used different forms of exercises for thousands of years to achieve extraordinary healing results. The lack of interest in study the details of exercises is primarily responsible for the failure of medicine. Even though those elements are magnitudes more important than structure of synthetic drugs, the world still hope that synthetic drugs some day can cure diseases.

In such a medical landscape, few attempts are made to study how anything will affect mind and thus health, how to diagnose diseases and evaluate healing by using subjective signs and subjective feelings. Common sense should tell that subjective signs and feelings are primary manifestation of health problems, yet the bias rules, hospital regulations and professional codes all bar them in medical research and invention. As a result, all medical studies are attempted to achieve faster action, pain relief and comfort. Under such a flawed medical landscape, there is no way to deliver cure.

As a result of those legal constraints, most basic discoveries in medicine cannot become real cure in treating patients even though many basic discoveries had been used in ancient times. Thus, the modern medical community simply labels chronic diseases as the incurable. A massive number of medical miracles can refute this nation. No disease is really incurable.

The bias rules have turned modern medicine into a commercial practice driven by profits. This is why the U.S. will never be able to fix its medical spending problems and cannot improve its population health. As long those common rules are not purged from the U.S. legal system, it is impossible to find cure.

Therefore, it is declared that the era of incurable diseases shall be ended. All diseases are curable. I ask all political leaders in the world reject the flawed medical model, invalid research methods, and bias medical practicing models, and accept optimization method for individual persons, and create and foster a new medical landscape that favors the use of mind, subjective signs, and feeling in medical research and treatment methods. Cures will be found in a matter of five years.